

Pudsey & Bramley AC prepare West Leeds Schools for Olympics!

Over the last month Pudsey & Bramley AC have given the students of West Leeds the fantastic opportunity to compete in athletics locally.

Head Coach, Andy Cook and his team have organised two Super8 competitions for secondary ages, year 7&8.

Super8, promoted by England Athletics, is team based competition, designed to be completed in two hours incorporating events each for both girls and boys and exciting medley relays (200m,200m,400m,600m). The team-based run, jump, throw format is fast and furious and is considered a “bridging event” transcending from the formal “traditional” longer athletics format.

Pudsey & Bramley AC wanted to give West Leeds Schools the opportunity to try this new format and give the students the chance to really put their skills to the test ready for School Sports Day and of course the Olympics!

By running the events the club aimed to raise their profile across West Leeds and familiarise local students with their home club venue, Priesthorpe School, show casing their new outdoor athletics facilities.

John Forrest, PE teacher at Farnley Academy, said “the competition ran really smoothly, our pupils have never had the chance to compete in a proper athletics tournament before.”

Charlie Palmer, student at Pudsey Grangefield, “I love the relay event; it was a good team event where everyone was cheering us on!”

Louise Purdy, Leeds Athletics Network’ said “It’s great to see so many schools from West Leeds taking part.”

The Year 7 competition was won by Leeds West Academy and the Year 8 competition was won by Pudsey Grangefield. To develop the students further Pudsey & Bramley AC are now offering free Athletics coaching to West Leeds schools and have committed to organising and developing the competition for next year.

Pudsey & Bramley Athletics club are an adult and junior club open to ages 8+. If you are interested, please contact Head Coach, Andy Cook.

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