

# INVOLVE



## Welcome to second edition of Involve the coaches and volunteer newsletter.

In this issue you will find information about workshops, Funding, an update on Sport Unlimited Funding, important news about school lettings and a spotlight on the face of Disability Sport. If you need any help tracking down volunteers remember to get in touch with [julie.lewis@leeds.gov.uk](mailto:julie.lewis@leeds.gov.uk), Volunteer Sports Development Officer.

Get in touch if you would like your club or a coach/volunteer to feature in the spotlight section and send in your photo suggestions for the front page by end of 30 November 2010.

### In Issue 2: September 2010

Spotlight on Nick Smith	<b>Pg 2</b>	Volunteers Fair 2010	<b>Pg 4</b>
People's Postcode trust	<b>Pg 3</b>	Step into Sport	<b>Pg 4</b>
V Inspired national awards	<b>Pg 3</b>	Olympic open weekend	<b>Pg 4</b>
Have you got what it takes?	<b>Pg 3</b>	Role model required	<b>Pg 4</b>



**Sport Development**

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## Spotlight on Nick Smith

**Athlete, coach and the new face of Disability Sport in Leeds.**



**Nick Smith, 19, from Farsley in Leeds is a wheelchair racer, basketball player and now coach who has ambitions of representing his country at the London 2012 Paralympics.**

Here Nick explains how he got involved in sport and coaching and how you can do the same "I first got involved in sport when I was about 6 years old, through my dad who knew someone who played wheelchair basketball. I enjoyed the variety and competitive side of sport and now I play basketball for Leeds Spiders Wheelchair Basketball club, I play wheelchair tennis and also do wheelchair racing at the John Charles Centre for Sport.

### **How did you get involved coaching sport?**

"At school I had the opportunity to do the JSLA & CSLA courses (now called Sports Leaders), and as part of this course you have to do some voluntary hours, which I undertook at Leeds Sport Development Unit.

I completed some governing body coaching awards and shortly afterwards they employed me as a paid casual coach, and now deliver weekly disability and mainstream athletics sessions for Sport Development, as well as coaching for the Leeds Spiders."



### **What advice would you give to young disabled people wanting to play sport and compete at a high level?**

"The best advice I can give to anyone wanting to succeed in sport is to start playing as many different sorts as early as possible, never give up and above all, make sure you enjoy it!"

For further information on wheel chair racing and tennis in Leeds and for how to get involved as a volunteer or coach contact Ross Bibby:

Email: [ross.bibby@leeds.gov.uk](mailto:ross.bibby@leeds.gov.uk), Tel: 0113 395 0159  
[www.leeds.gov.uk/disabilitysport](http://www.leeds.gov.uk/disabilitysport)

For information on the Leeds Spiders Wheelchair basketball club contact Michael Yates tel 01729 822690 or email [michris@gotadsl.co.uk](mailto:michris@gotadsl.co.uk).

## **Free Funding Workshop for sports clubs and community organisations**

**Tuesday 26 October, 6pm-8pm, Bardsey Sports Club, Keswick Lane, Leeds, LS17 9AQ**

An opportunity to develop a funding plan, Identify new funding sources, Meet experienced fundraisers and bid writers.

Contact Sue Doherty on 07891 270621 for information on how to book your place.

## Have you got what it takes?

**London 2012 volunteers will make the Games happen.**

We call them London2012 Games Makers.

You can apply from 15 September 2010 when general public applications open.

To find out if you've got what it takes and what you need to do to apply go to: [London2012.com/volunteering](http://London2012.com/volunteering).

Don't have internet access? You can log on at your local library.

## People's Postcode Trust

**Provides funding opportunities to small organisations, community groups and charities, through grants ranging from £500 to £10,000.**

Applicants that are not formally registered as a charity with OSCR/Charity Commission can apply for up to £2000 in funding

Applicants that are registered with OSCR/charity Commission and can provide a charity number can apply for up to £10,000 in funding.

- To be eligible for funding, all projects must help in one or more of the following areas:
- To prevent poverty
- To promote, maintain, improve and advance health
- To advance citizenship or community development
- To advance public participation in sport
- To promote, improve and advance human rights, conflict resolution or reconciliation
- To promote and advance environmental protection or improvement

Examples of suitable projects are purchase of sports kit or uniform, refurbishment of community buildings new equipment

To find out more look at the website [www.postcodetrust.org.uk](http://www.postcodetrust.org.uk)



## Nominations are now open for the V Inspired national awards!

**Anyone can nominate, so whether you are an organisation, parent or friend you can get involved.**

Last year young volunteers from Leeds had great success and collected 8 of the 10 regional volunteer awards. Five were also finalist for the National Awards and represented Leeds at a fabulous Awards Ceremony at the Indigo 02 Arena with star studded guests including James Caan from Dragon's Den, Tinchy Stryder and many more. This year's event looks set to be the biggest national event of its kind to celebrate youth volunteering.

So, if you know a great volunteer, aged 16 to 25, **NOMINATE THEM NOW**, for one of the following national awards for 2010:

- The Fresh Award for best new volunteer
- The Spirit Award for all round commitment to volunteering; embodying the spirit of volunteering
- The Connect award to recognise innovative and effective efforts to bring communities together
- The Legend Award for outstanding leadership
- The Shout Award for campaigning
- The Triumph Award for overcoming personal adversity or enabling a community to rise about a challenging circumstance
- The Unite Award for team activity
- The Energy Award for outstanding contribution to youth volunteering

### Nominations close on 30 September 2010

For further information and to nominate visit <http://vinspired.com/national>

## 2010 Leeds Year of Volunteering Awards

Leeds will also be having an awards ceremony of its own 1 November to recognise and celebrate the contribution volunteers make to the city. You can also put your volunteers forward for the Children and Young People's theme of the Leeds Year of Volunteering Awards. The closing date is also 30 September 2010.

To nominate visit [www.leedsyearofvolunteering.co.uk](http://www.leedsyearofvolunteering.co.uk)



## Volunteers Fair 2010

The first Leeds Sports Volunteer Fair was held on Saturday 24 July on Briggate, Leeds. The fair was organised by members of the Leeds Volunteer Forum which included Leeds City Council sport Development, Leeds Trinity University, Voluntary Action Leeds, Involved, Vschools and the Leeds Schools Partnerships. The fair saw 48 new volunteers sign up to get involved in sports volunteering in Leeds.

## Olympic open weekend

The Volunteer Fair marked two years to the start of the Olympic and Paralympic Games in London. As part of the fair a rowing challenge was held and people were challenged to see how fast they could row 500m (adults) or 50m (children). The winners of the challenge received a set of 2012 Olympic pin badges and a pair of Party in the Park tickets.

Oxfam were present at the Fair and were also challenging people to try and achieve ten keepy-uppys (football juggling). Their attempts were filmed and the idea was to try and get as many people as possible around the world joining in on the challenge.

## Step into Sport

Step into Sport is a leadership and volunteering project. It's main aim is to coordinate more opportunities at a local level for young people and adults to become involved in leadership and volunteering through sport in their community. Step into Sport will help establish and ensure communication and sustainable links between School Sports Partnerships and local clubs.

A club can draw down up to £300. Step into Sport aims to identify a "volunteer co-ordinator" in each club oversee the recruitment, training and retention of volunteers in the club by giving access to a new network of volunteers who are interested in sport in their local community. Clubs wanting volunteers should be clubmark accredited or working towards it. To find out more about Clubmark look on [www.clubmark.org.uk](http://www.clubmark.org.uk).

To find out more about Step into Sport contact Julie Lewis on 0113 3950614 or email [Julie.lewis@leeds.gov.uk](mailto:Julie.lewis@leeds.gov.uk).

## Is your club/organisation in need of new volunteers?

If the answer to this is yes then here is a chance for your club to ready themselves for those new volunteers.

By attending a Valuing Volunteers Course for FREE run by West Yorkshire Sport.

Those clubs attending will be given priority for the placement of volunteers, as the course gives them an insight into the requirements and expectations of new volunteers. Courses are available throughout West Yorkshire including the following ones in Leeds:

- at Milford Sports Club 6.30 – 9.30
- Monday 22nd Nov 2010
- Monday 21st March 2011

To book onto any of these courses please contact West Yorkshire Sport [www.westyorkshiresport.co.uk](http://www.westyorkshiresport.co.uk) or 01484 234087

## Role Models Required

Are you aged 45 plus and looking to gain a National Governing Body level 1 qualification? I may be able to support your sports volunteering aspirations.

As the Older Peoples' Sport Development Officer, my role is to increase the number of people aged 45 plus who participate in sport and physical activity.

This will require role models, people who themselves are aged 45 and over, who have the passion and commitment to engage older people in a range of sports, in leisure facilities, at sports clubs, in parks and community settings.

I am especially looking for people who would like to train to become swim teachers, who would then support adult swimming lessons.

If you are interested, please contact me.

Allyson Bertram, Older Peoples' Sport Development Officer, John Charles Centre for Sport, Middleton Grove, Leeds, LS11 5DJ, 0113 395 0196 or 07891 270620