



Children's Able and Disabled Sport (CADS) project

## Welcome to 2011 and the third edition of the Involve newsletter

Welcome to the first edition of the new year. In this issue you will find information about funding, training courses and other features.

Its going to be a busy year again with events such as the Leeds Half Marathon taking place on Sunday 8 May, the West Yorkshire Youth Games on Wednesday 29th June at Leeds Carnegie, the Jane Tomlinson run and the Run For All events. We will continue to count down to the 2012 games with events happening throughout the year.

If you are interested in volunteering please go to [www.sportleeds.com](http://www.sportleeds.com) and complete the volunteer registration form.

Calling all clubs and sports organisations please sign up to be my friend on my facebook page [www.facebook.com/volunteerinsportleeds](http://www.facebook.com/volunteerinsportleeds). I will use my wall to post events and keep you up to date with what's happening around volunteering in Leeds.

If you require any further information about volunteering please contact Julie Lewis on 0113 3950614 or e mail [julie.lewis@leeds.gov.uk](mailto:julie.lewis@leeds.gov.uk)

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# Volunteering in Disability Sport

Hameet Batebajwe has always enjoyed playing and watching sport. Now, thanks to Leeds City Council's Sports Development Unit's volunteering opportunities Hameet has had the chance to volunteer as a coach in some of his favourite sports.

Hameet, who is 21, and from Roundhay, has a learning disability and is currently undertaking a general entry level 2 course at Leeds City College (Thomas Danby).

He studies for four days a week and volunteers at a disability tennis session for one day a week.

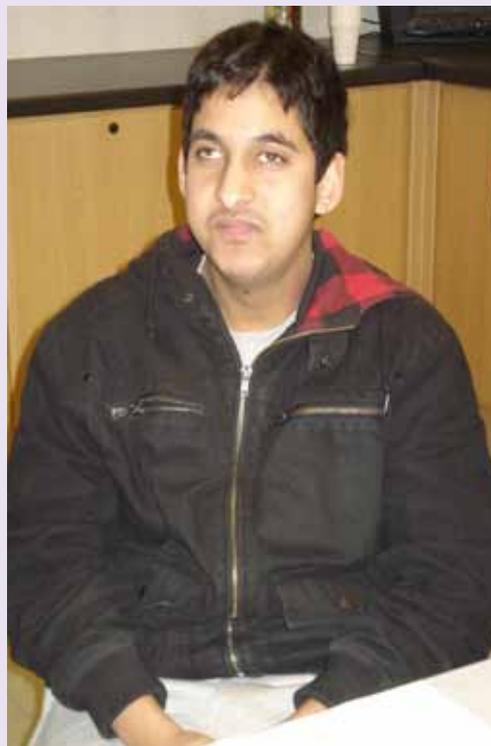
Hameet has received a lot of support in volunteering, finding placements through his support worker Red Peters. Red works for People in Action on a project called Count Me In, which helps people prepare for paid work in the future.

Hameet's favourite sports are cricket, football and tennis and he helps with the organisation and coaching of the disability tennis sessions at John Charles Centre for Sport on a Friday night and says:

*"My ambition is to get into sports coaching. I am enjoying volunteering and would recommend it. I would like to become the manager of Leeds United one day!"*

If you would like to know more about disability sport opportunities in Leeds contact Ross Bibby, the Disability Sports Development Officer by email [ross.bibby@leeds.gov.uk](mailto:ross.bibby@leeds.gov.uk), or phone 0113 395 0159, text: 0789 127 0930 or visit the website [www.leeds.gov.uk//disabilitysport](http://www.leeds.gov.uk//disabilitysport).

For information about People in Action contact 0113 247 0411.



**SCUK Coaching Disabled Performers**  
Saturday 7 May 2011 cost £35

**SCUK How to coach disabled people in sport**  
Saturday 26 February 2011 cost £25

For more information or to book online visit [www.leeds.ac.uk/sport/coached](http://www.leeds.ac.uk/sport/coached)



## Volunteers and coaches wanted with a spring in their steps

West Leeds based gymnastics club, Gymmagic have now opened their purpose built gymnastic facility in the heart of Pudsey and are looking for new volunteers and coaches to enhance their team.

This new centre can hold up to 600 gymnasts and will have women's and men's artistic gymnastics, Team Gym, pre-school 1-5 yr old classes, drop-in adult classes and trampolining starting in 2011.

Gymmagic hope to have a sports rehabilitation centre for local sports men and women which will include physio-massage and pilates. The Club has four meeting rooms for hire and a sprung floor which can be hired by any local sports club for training,

Club details: Unit 5 First Avenue,Grangefield Industrial Estate,Pudsey, Leeds LS28 6QN.  
Phone: 0113 2572 333 Email: [www.gymmagic.co.uk](http://www.gymmagic.co.uk)

# Access to Active Volunteering

Many disabled people already make a huge contribution to the volunteer workforce across a number of different sectors and activities. Volunteering can be particularly empowering for disabled people when in a supportive environment and can lead to further training and employment.



Through a small grants scheme clubs and organisations can remove the barriers to disabled people volunteering, in sport and physical activity, across West Yorkshire.

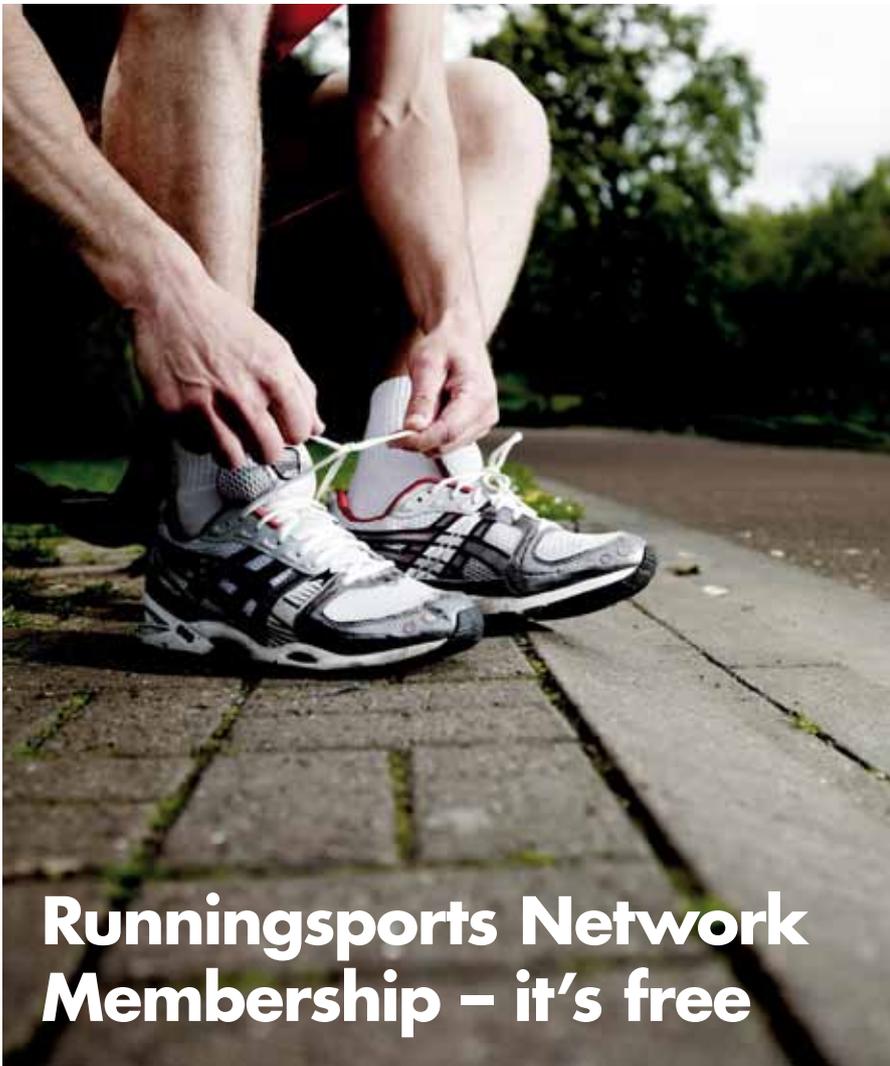
Grants can be used to:

- Supply adapted equipment for volunteer roles within clubs
- Assist with any additional travel costs associated with the volunteer opportunity
- Assist with the provision of support workers for the volunteer – ‘buddy’ scheme
- Promote volunteer opportunities to specific impairment groups (marketing materials)
- Provide training for the disabled volunteer to assist in their role and development

## Size of Grants

Grants will be available from £50 - £200 per application. Applications are made by the club or organisation, individuals can not apply directly. Any grant should be spent within 6 months. The scheme will close when all funds have been allocated.

Contact James Brown – Federation of Disability Sports Organisations  
c/o West Yorkshire Sport, Red Doles Lane,  
Huddersfield, HD2 1YF.  
Email: [james.brown@wysport.co.uk](mailto:james.brown@wysport.co.uk) Tel:  
01484 234087 for more information and  
application forms.



## Runningsports Network Membership – it's free

Runningsports Network has been developed by experts who work in sport and understand day-to-day issues. We can provide your volunteers with the tools and resources they need to make the less enjoyable jobs quicker and easier so that they can spend more of their precious time enjoying what they do best.

Runningsport Network members benefit from time-saving tools and resources that will help your volunteers:

- improve their club's structure and operation
- make volunteers happier and more production in their work
- find funding and tax breaks to support sports clubs
- complete administration quickly and effectively
- attract more members from the local community
- expand junior and adult sections

If you want to find out more then look at [www.runningsports.org](http://www.runningsports.org)

## The Greggs Foundation

The Greggs Foundation operates a regional grants programme to support charitable organisations through the provision of small grants of up to £2000.

The Foundation prioritises:

- people with caring responsibilities
- people with disabilities
- homeless people and
- older people.



Follow this link to find out more: [www.greggsfoundation.org.uk](http://www.greggsfoundation.org.uk)

## Football Foundation Grow the Game

Grow the Game provides funding for projects that use football to increase participation by both players and volunteers in England. This is done by supporting the costs associated with providing new activity.

Organisations will be able to receive a £5,000 grant over two or three years with financial support being reduced in the second or third year of the project.

Applications are accepted from any not-for-profit organisations in England, including the following:

- Football clubs.
- Youth clubs with a football programme.
- Community groups/centres/clubs.
- Charitable organisations.
- Parish councils.
- Sports associations.
- Local authorities.
- Leagues.

The application windows for the northern regions and the Midlands is:

Close for applications: 8 February 2011 (Midnight).

For more information and application forms look at [www.footballfoundation.org.uk/apply/grow-the-game](http://www.footballfoundation.org.uk/apply/grow-the-game)



# Leeds Lifesaving First Aid and Lifesaving and Lifeguarding Short Course Programme

Leeds Lifesaving provide a range of excellent training opportunities for first aid beginners and refresher courses as well as essential lifesaving and lifeguarding training suitable for school, club and coaching staff or private individuals.

- First Aid at Work
- Refresher First Aid at Work
- First Aid at Work - Skills update/Annual Refresher Emergency First Aid at Work Paediatric First Aid

## Courses and dates

### First Aid at Work

Wed 26 - Fri 28 January, Mon 14 - Wed 16 March,  
Wed 18 - Fri 20 May, Mon 18 - 20 July 2011

### Refresher First Aid at Work

Mon 17 - Tues 18 January, Thurs 26 - Fri 27 May, Thurs 14 - Fri 15 July 2011

### First Aid at Work Skills Update/ Annual Refresher

Wed 16 February 2011

### Emergency First Aid at Work

Tues 11 Jan, Wed 9 March,  
Thurs 5 May, Mon 11 July 2011

### Paediatric First Aid

Thurs 3 - Fri 4 February,  
Thurs 23 - Fri 24 June 2011



Approved by the Health and Safety Executive to deliver and award First Aid Training and Qualifications. Certificate No:68/06

Other courses available are RLSS/IQL National Pool Lifeguard qualification Unit 1 & 2 combined course, National Rescue Award for swimming teachers and coaches, RLSS/IQL Pool lifeguard trainer assessor and RLsS Bronze medallion.

For more information or to book contact 0113 3950153 or email [leeds.lifesaving@leeds.gov.uk](mailto:leeds.lifesaving@leeds.gov.uk)



## Sportsmatch

Sportsmatch will re-open to new applications on 17 January 2011, for projects starting after 1 April 2011. If you need any further advice please phone the Funding Helpline on 08458 508 508.

## About Sportsmatch

Sport England's Sportsmatch programme makes awards to not-for-profit organisations running projects at a community level which meet one or both of Sport England's objectives of Grow or Sustain. It is done through matching eligible sponsorship pound for pound, up to a maximum value of £100,000. Before making an application, click onto <http://www.sportengland.org/funding.aspx> and complete the pre-application checklist to decide if your organisation or project is eligible for a Sportsmatch award.

Sport England's Small Grants Programme is still accepting applications for awards of between £300 and £10,000 (the total project cost should not exceed £50,000).

For further information, please contact our Funding Helpline on 08458 508 508.