

EVER THOUGHT THAT YOU COULD BE DOING MORE AT YOUR CHILD'S CLUB?

Helping out as a volunteer can not only be rewarding for you personally but will really help out the small group of core people who give up their time for free to keep your local club alive. If just a few more people offered to help occasionally at every club, we would collectively make the sport much stronger. You don't need to be a fully qualified coach to make a difference – EA run courses that will give you basic skills and knowledge that will help you to assist in and around the track, even if you've never taken part in athletics yourself. Why not step up and see what difference you can make by attending at....

Your nearest course is...

COACHING ASSISTANT

**Shildon Sunnydale leisure Centre,
Middridge Lane Shildon County Durham
DL4 2EP**

**Saturday 28th and Sunday 29th April 2012
9.00am to 5.00pm (both days)**

£130 for members of England Athletics Affiliated clubs. (Book after 1st April cost is £145) £175 for non-affiliated members

Find out more at: www.englandathletics.org/courses

