

# North Yorkshire Athletics and Running Coach Education (Jan-Mar 2016)



These workshops and courses have been organised by England Athletics, North Yorkshire Athletics Network and North Yorkshire Sport. These workshops will help to develop leaders, coaches and officials in the North Yorkshire region.

## Movement Skills for Running, Jumping and Throwing Day 2

Saturday 16<sup>th</sup> January, 10am – 4pm

Burnholme Community Hub, York, YO31 0GW

FREE for qualified EA run leaders & athletics coaches

To book and for info visit: <http://goo.gl/4PPsQb>



## Using iTechnology in your Coaching

Monday 1<sup>st</sup> February, 6.30 – 8.30pm

North Yorkshire Sport Officers, Harrogate, HG1 4AP

FREE for qualified EA run leaders & athletics coaches

To book and for info visit: <http://goo.gl/8k4i9y>



## Leadership in Running Fitness

Saturday 13<sup>th</sup> February 9am-5pm

Burnholme Community Hub, York, YO31 0GW

£160 or £140 for EA affiliated clubs

To book and for info visit: <http://goo.gl/Jr6m5l>



[www.EnglandAthletics.org](http://www.EnglandAthletics.org)

# North Yorkshire Athletics and Running Coach Education (Jan-Mar 2016)

## Movement Skills for Running, Jumping and Throwing Day 3

Saturday 5<sup>th</sup> March, 10am – 4pm

Burnholme Community Hub, York, YO31 0GW

FREE for qualified EA run leaders & athletics coaches

To book and for info visit: <http://goo.gl/mcuKZq>

## Leading Athletics (aged 14 and over)

Sunday 6<sup>th</sup> March, 9-12pm

Burnholme Community Hub, York, YO31 0GW

£50, £30 for EA affiliated clubs or £10 for EA affiliated clubs (aged 14-19, limited spaces)

To book & for info contact Nick Settle  
[nsettle@englandathletics.org](mailto:nsettle@englandathletics.org)

## How to develop a successful social running group

Tuesday 22<sup>nd</sup> March 6.30-8.30pm

Burnholme Community Hub, York, YO31 0GW

FREE for qualified EA run leaders & athletics coaches

To book & for info visit: <http://goo.gl/JOHtll>



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# North Yorkshire Athletics and Running Coach Education (Jan-Mar 2016)

## Officials Education

Generic which now includes Health & Safety on the course, plus one of the specific disciplines from the list below (please specify discipline on application)

### Generic Officials Course

Saturday 19th March 10am - 12pm

(Both generic and specific are on same day)

### Specific Officials Courses

Saturday 19th March 12.30pm - 2.30pm

1. Track Judges.
2. Timekeeping.
3. Field Judges.
4. Photo Finish
5. Starter/Marksman
6. Race Walking\*\* 2.30pm – 4pm

Askham Bryan College, York, YO23 3FR

£30 person to book or for info contact Nick Settle on [nsettle@englandathletics.org](mailto:nsettle@englandathletics.org)

For more information please contact your local CCSO  
Nick Settle on 07968 498710 or [nsettle@englandathletics.org](mailto:nsettle@englandathletics.org)



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